

<p align="center">State of Alaska Bill Walker Governor</p>	<p align="center">Alaska Workers' Compensation Division PO Box 115512 Juneau, Alaska 99811-5512</p>		
<p align="center">Department of Labor and Workforce Development</p>	<p align="center">BULLETIN</p>	<p align="center">Number 16-05</p>	<p align="center">Date November 29, 2016</p>
<p align="center">Heidi Drygas Commissioner</p>	<p>SUBJECT REFERENCE</p>	<p>Cost of Living Adjustment AS 23.30.175; 8 AAC 45.138</p>	

Pursuant to Alaska Statute 23.30.175(c) and regulation 8 AAC 45.138(b), the Department of Labor and Workforce Development is required to identify an organization to calculate a cost of living adjustment (COLA) for a workers' compensation beneficiary when the recipient no longer resides in Alaska.

The Department has selected The Council for Community and Economic Research (C2ER) as the organization for providing COLA information. The attached list will be in effect for the period of January 1, 2017 to December 31, 2019. The cost of living for Alaska is the average cost of living for Anchorage, Juneau, and Fairbanks.

If a recipient does not reside in a location listed on the attached COLA ratio list, you must use the cost-of-living ratio for the location nearest the recipient's residence. If the recipient lives in a location equidistant from two published locations, the ratio that results in the higher compensation rate must be used.

The Division has contracted with Northern Economic Research Associates to produce COLA survey for locations outside of the United States. For an out-of-country COLA determination, send a request to:

Division of Workers' Compensation
Attn: Administrative Officer
PO Box 115512
Juneau, AK 99811-5512

Effective November 7, 2005, a COLA "may not result in raising a recipient's weekly compensation rate to an amount that exceeds the weekly compensation rate that the recipient would have received if the recipient had been residing in [Alaska]."

If an employer or recipient wishes to dispute a COLA rate, the party may petition the Alaska Workers' Compensation Board for review of the cost-of-living ratio for a particular recipient and request a hearing on the petition, in accordance with AS 23.30.110 and 8 AAC 45.138(g).

URBAN AREA AND STATE		AK COLA Rate	COMPOSITE INDEX	GROCERY	HOUSING	UTILITIES	TRANS- PORTATION	HEALTH CARE	MISC. GOODS & SERVICES
Alabama	Anniston-Calhoun County AL	65.49	86.9	96.3	71.7	99.1	88.1	79.8	92.9
Alabama	Auburn-Opelika AL	71.36	94.7	101.9	78.7	92.8	91.9	86.7	108.2
Alabama	Birmingham AL	69.10	91.7	101.4	80.6	97.5	90.5	84.2	96.9
Alabama	Decatur-Hartselle AL	65.94	87.5	96.4	66.9	109.5	89.3	89.1	93.7
Alabama	Dothan AL	64.73	85.9	98.5	74.3	89.8	89.8	85.3	88.3
Alabama	Florence AL	68.05	90.3	95.4	75.8	101.6	91.7	83.9	97.3
Alabama	Huntsville AL	68.80	91.3	93.6	73.3	101.2	95.4	94.9	100.8
Alabama	Mobile AL	69.18	91.8	102.5	76.0	107.3	95.6	87.7	95.5
Alabama	Montgomery AL	70.38	93.4	99.4	86.4	106.8	90.8	80.9	95.4
Alaska	Anchorage AK	99.85	132.5	122.8	164.5	104.9	118.1	139.4	121.7
Alaska	Fairbanks AK	101.66	134.9	119.4	120.6	234.6	129.1	147.7	122.2
Alaska	Juneau AK	98.49	130.7	127.0	151.5	135.0	130.5	149.3	110.7
Alaska	Kodiak AK	102.71	136.3	138.7	152.3	145.1	145.8	136.7	115.6
Arizona	Bullhead City AZ	69.71	92.5	94.3	85.0	76.6	102.2	98.3	99.0
Arizona	Flagstaff AZ	87.79	116.5	108.2	136.5	115.7	98.4	112.7	109.7
Arizona	Lake Havasu City AZ	76.56	101.6	97.7	106.8	106.2	104.7	106.3	95.7
Arizona	Phoenix AZ	72.27	95.9	98.5	95.1	96.7	99.8	97.2	93.9
Arizona	Prescott-Prescott Valley AZ	72.57	96.3	95.2	102.6	94.5	99.0	95.9	91.2
Arizona	Sierra Vista AZ	71.89	95.4	94.3	94.0	103.9	99.2	94.8	93.1
Arizona	Tucson AZ	70.01	92.9	96.7	83.5	91.5	96.7	103.6	97.0
Arizona	Yuma AZ	75.21	99.8	105.5	87.8	119.0	97.0	95.0	103.4
Arkansas	Conway AR	72.04	95.6	97.3	80.9	87.7	95.4	91.0	110.5
Arkansas	Fayetteville AR	66.54	88.3	91.5	76.1	103.6	93.8	90.9	90.3
Arkansas	Hot Springs AR	68.88	91.4	97.5	76.7	104.9	89.3	90.5	98.2
Arkansas	Jonesboro AR	65.56	87.0	91.0	76.7	93.1	87.5	86.6	92.1
Arkansas	Little Rock-North Little Rock AR	71.74	95.2	92.3	90.6	115.5	93.3	84.8	96.1
California	Bakersfield CA	80.48	106.8	104.9	101.4	124.0	123.8	104.4	101.4
California	Los Angeles-Long Beach CA	105.80	140.4	106.3	214.1	115.7	132.4	109.3	106.0
California	Oakland CA	110.93	147.2	128.5	228.0	106.6	124.5	114.4	110.5
California	Orange County CA	112.13	148.8	107.6	244.7	113.9	135.0	107.6	104.8
California	Sacramento CA	86.81	115.2	118.6	138.4	77.3	118.1	98.7	107.2
California	San Diego CA	109.27	145.0	108.8	231.4	123.2	128.9	110.6	102.8
California	San Francisco CA	133.16	176.7	127.9	320.6	108.3	131.7	118.1	118.2

California	Stockton CA	84.40	112.0	120.4	116.3	114.7	122.5	99.9	102.2
California	Tracy CA	93.14	123.6	113.9	163.5	113.1	115.3	101.8	102.5
Colorado	Colorado Springs CO	71.89	95.4	93.7	99.8	84.4	93.4	101.0	95.6
Colorado	Denver CO	82.67	109.7	99.2	130.7	94.6	98.2	107.8	104.9
Colorado	Glenwood Springs CO	88.55	117.5	100.1	149.8	82.5	106.1	113.6	112.4
Colorado	Grand Junction CO	73.25	97.2	95.1	99.8	86.8	94.6	104.8	98.9
Colorado	Gunnison CO	80.03	106.2	100.4	120.7	92.2	99.2	98.0	104.0
Colorado	Pueblo CO	64.58	85.7	94.8	71.7	82.0	91.7	93.7	92.0
Connecticut	Hartford CT	93.82	124.5	129.7	133.0	129.4	110.4	118.2	119.2
Connecticut	New Haven CT	93.67	124.3	131.5	142.7	101.2	107.2	113.8	120.1
Connecticut	Stamford CT	110.85	147.1	130.8	209.8	132.1	106.3	114.5	123.0
Delaware	Dover DE	75.13	99.7	108.5	83.8	113.3	103.2	101.1	104.2
Delaware	Wilmington DE	79.88	106.0	104.5	107.5	109.5	99.1	102.0	107.0
District of Columbia	Washington-Arlington-Alexandria DC-VA	110.85	147.1	111.9	246.8	96.3	114.0	94.2	110.3
Florida	Cape Coral-Fort Myers FL	75.89	100.7	111.0	85.5	93.2	109.4	100.7	108.9
Florida	Daytona Beach FL	72.49	96.2	102.4	82.1	103.5	96.4	97.4	103.2
Florida	Fort Lauderdale FL	86.13	114.3	103.1	145.4	96.0	111.2	99.3	101.0
Florida	Gainesville FL	72.87	96.7	101.5	91.4	100.3	103.2	100.0	95.6
Florida	Jacksonville FL	74.68	99.1	102.5	90.6	110.6	102.4	86.3	102.0
Florida	Miami-Dade County FL	84.70	112.4	108.7	130.1	96.8	112.4	105.0	104.8
Florida	Orlando FL	74.08	98.3	104.8	95.7	95.9	102.0	95.0	97.8
Florida	Palm Coast-Flagler County FL	71.06	94.3	106.0	79.1	96.6	98.6	96.5	100.1
Florida	Sarasota FL	77.92	103.4	105.1	104.2	103.6	101.3	111.5	101.5
Florida	Tampa FL	69.03	91.6	97.8	79.0	99.2	99.8	90.9	94.9
Florida	Vero Beach-Indian River FL	74.98	99.5	112.0	83.5	125.8	95.6	99.2	101.1
Georgia	Albany GA	67.82	90.0	104.1	73.5	93.4	96.0	98.8	94.0
Georgia	Atlanta GA	75.28	99.9	103.7	97.8	93.6	104.8	101.4	100.4
Georgia	Augusta-Aiken GA-SC	67.29	89.3	98.4	74.6	89.4	85.2	94.7	98.9
Georgia	Dalton GA	67.90	90.1	97.3	72.8	97.2	97.2	95.1	96.8
Georgia	Dublin-Laurens County GA	67.75	89.9	96.8	76.4	101.2	90.2	85.3	95.7
Georgia	Fayetteville-Fayette County GA	68.58	91.0	102.6	72.3	81.7	93.6	105.1	102.5
Georgia	Marietta GA	70.31	93.3	99.5	85.7	91.0	88.9	100.7	98.4
Georgia	Savannah GA	68.50	90.9	96.7	68.4	109.4	97.4	98.9	98.8
Georgia	Valdosta GA	69.56	92.3	103.9	81.7	100.7	96.9	96.7	91.9
Hawaii	Hilo HI	112.36	149.1	158.7	145.4	231.7	138.3	112.6	131.0

Hawaii	Honolulu HI	142.05	188.5	158.9	302.6	217.8	134.2	105.4	123.4
Idaho	Boise ID	68.50	90.9	84.5	80.1	85.2	105.3	105.5	97.5
Idaho	Idaho Falls ID	62.77	83.3	95.8	58.9	83.4	101.8	104.5	89.9
Idaho	Twin Falls ID	68.20	90.5	90.3	80.4	95.4	98.4	99.4	93.9
Illinois	Champaign-Urbana IL	72.04	95.6	95.2	86.1	115.3	91.5	106.6	97.7
Illinois	Chicago IL	87.64	116.3	116.7	136.2	104.2	114.3	99.1	105.9
Illinois	Danville IL	68.50	90.9	98.4	68.1	102.1	94.1	95.2	102.3
Illinois	Decatur IL	67.37	89.4	91.4	78.7	98.7	96.1	90.1	92.4
Illinois	Joliet-Will County IL	76.11	101.0	104.5	103.4	99.9	106.9	105.5	95.2
Illinois	Kankakee IL	71.59	95.0	89.6	84.7	116.6	100.9	104.3	96.1
Illinois	Peoria IL	74.00	98.2	95.3	99.2	102.4	101.9	94.6	96.5
Illinois	Rockford IL	69.40	92.1	94.3	80.2	95.0	103.6	103.4	95.2
Illinois	Springfield IL	67.07	89.0	100.3	76.3	75.2	96.6	102.8	95.1
Indiana	Evansville IN	69.33	92.0	92.1	81.3	107.2	96.5	92.3	94.7
Indiana	Fort Wayne-Allen County IN	64.96	86.2	89.5	69.9	94.9	90.7	91.8	93.8
Indiana	Indianapolis IN	68.73	91.2	92.9	82.4	90.9	91.8	99.3	96.8
Indiana	Indianapolis-Morgan County IN	65.71	87.2	93.0	74.3	94.6	86.9	96.7	92.4
Indiana	Lafayette IN	67.45	89.5	97.7	71.4	102.2	93.2	96.1	95.6
Indiana	Richmond IN	61.19	81.2	91.3	71.0	79.3	90.6	81.7	83.2
Indiana	South Bend IN	66.92	88.8	92.9	84.2	85.3	98.1	95.0	88.1
Iowa	Ames IA	70.01	92.9	91.5	98.4	85.8	100.9	95.9	87.8
Iowa	Burlington IA	66.84	88.7	91.5	74.9	103.5	93.7	95.1	92.2
Iowa	Cedar Rapids IA	71.36	94.7	95.6	85.2	105.9	95.1	100.6	97.9
Iowa	Davenport-Moline-Rock Is IA-IL	74.30	98.6	98.0	99.7	97.5	104.6	94.3	96.8
Iowa	Des Moines IA	67.67	89.8	92.0	83.7	89.8	95.1	96.6	91.4
Iowa	Mason City IA	65.41	86.8	92.7	70.1	94.5	88.9	92.6	94.8
Iowa	Waterloo-Cedar Falls IA	69.93	92.8	92.4	92.5	77.3	105.5	100.1	92.9
Kansas	Dodge City KS	71.06	94.3	89.6	87.5	102.2	92.0	95.6	100.1
Kansas	Hutchinson KS	67.75	89.9	89.6	78.3	92.2	93.5	102.6	96.4
Kansas	Manhattan KS	69.10	91.7	92.4	89.5	89.2	90.7	96.3	93.9
Kansas	Salina KS	64.81	86.0	91.8	73.7	100.8	95.8	101.0	84.1
Kansas	Topeka KS	68.27	90.6	97.4	77.7	88.1	90.8	91.3	99.4
Kansas	Wichita KS	70.23	93.2	91.3	74.0	115.5	95.5	97.0	102.0
Kentucky	Bowling Green KY	67.75	89.9	93.1	78.9	107.2	92.8	93.3	91.2
Kentucky	Covington KY	66.01	87.6	89.1	72.4	93.8	101.9	101.4	91.3

Kentucky	Lexington KY	68.12	90.4	93.4	76.6	81.5	96.5	95.8	100.9
Kentucky	Louisville KY	69.56	92.3	92.8	80.5	90.2	102.0	89.5	99.8
Louisiana	Alexandria LA	74.53	98.9	97.6	91.1	85.5	97.7	100.8	110.4
Louisiana	Baton Rouge LA	69.71	92.5	102.4	88.9	80.9	86.6	102.4	96.0
Louisiana	Hammond LA	67.82	90.0	96.7	76.1	97.6	90.5	97.9	95.7
Louisiana	Lafayette LA	69.71	92.5	98.0	86.6	92.4	98.5	83.4	94.6
Louisiana	Lake Charles LA	71.29	94.6	97.1	97.5	94.6	98.0	92.5	90.1
Louisiana	Monroe LA	69.40	92.1	92.8	92.6	82.7	84.7	91.5	97.0
Louisiana	New Orleans LA	71.14	94.4	99.9	95.5	86.1	92.1	98.4	94.1
Louisiana	Shreveport-Bossier City LA	66.77	88.6	94.1	84.1	79.2	89.0	87.3	93.1
Louisiana	Slidell-St. Tammany Parish LA	72.49	96.2	97.1	93.4	96.9	96.1	94.4	98.3
Maine	Portland ME	86.51	114.8	109.4	121.9	120.2	115.2	111.2	109.5
Maryland	Baltimore MD	85.00	112.8	119.0	144.5	94.0	104.0	89.0	95.4
Maryland	Bethesda-Gaithersburg-Frederick MD	97.59	129.5	108.6	201.6	101.8	109.2	88.5	97.5
Massachusetts	Boston MA	108.89	144.5	105.0	194.5	151.8	109.8	130.4	129.1
Massachusetts	Framingham-Natick MA	103.09	136.8	111.7	192.6	102.8	109.0	123.3	121.3
Massachusetts	Pittsfield MA	83.04	110.2	111.0	130.4	96.3	112.1	100.0	97.7
Michigan	Benton Harbor MI	69.10	91.7	101.2	78.7	101.2	101.2	94.5	92.4
Michigan	Detroit MI	71.89	95.4	88.8	91.1	104.5	104.8	96.4	95.5
Michigan	Grand Rapids MI	69.71	92.5	91.0	82.2	91.5	101.0	95.7	98.8
Michigan	Kalamazoo MI	64.36	85.4	83.4	68.1	102.1	98.9	95.9	89.6
Minnesota	Mankato MN	71.21	94.5	104.4	78.4	76.4	95.0	113.1	107.2
Minnesota	Minneapolis MN	81.61	108.3	108.0	112.3	93.1	111.9	105.5	108.8
Minnesota	St. Cloud MN	72.42	96.1	111.8	78.0	92.9	95.7	115.3	103.8
Minnesota	St. Paul MN	81.01	107.5	105.9	110.7	91.5	112.4	105.4	109.0
Mississippi	Hattiesburg MS	62.70	83.2	97.6	68.6	88.6	86.6	90.0	86.1
Mississippi	Jackson MS	62.70	83.2	89.2	74.3	82.8	82.9	89.7	87.8
Mississippi	Tupelo MS	63.45	84.2	90.0	68.2	78.1	93.5	94.3	93.0
Missouri	Columbia MO	71.89	95.4	95.6	88.3	100.0	89.7	100.7	101.1
Missouri	Jefferson City MO	68.95	91.5	94.5	77.5	100.0	90.6	99.4	98.9
Missouri	Joplin MO	65.41	86.8	89.0	70.9	118.1	93.3	90.9	86.9
Missouri	Kansas City MO-KS	70.99	94.2	91.1	91.7	90.5	93.4	95.4	98.8
Missouri	Springfield MO	66.92	88.8	95.5	71.2	102.5	91.5	95.6	94.9
Missouri	St. Louis MO-IL	69.71	92.5	104.6	72.3	116.6	98.5	99.8	94.3
Montana	Bozeman MT	77.47	102.8	103.8	113.3	85.5	97.7	104.8	100.2

Nebraska	Hastings NE	71.44	94.8	102.5	93.6	94.6	102.8	96.4	89.9
Nebraska	Lincoln NE	68.50	90.9	96.6	79.0	79.5	99.3	100.6	98.1
Nebraska	Omaha NE	68.88	91.4	93.6	84.5	87.9	95.5	100.7	94.8
Nevada	Las Vegas NV	81.54	108.2	119.1	105.8	92.6	118.6	105.2	107.7
Nevada	Reno-Sparks NV	79.05	104.9	105.9	95.0	97.0	117.7	101.3	111.6
New Hampshire	Manchester NH	89.15	118.3	111.0	123.2	137.3	104.5	116.3	116.2
New Jersey	Bergen-Passaic NJ	97.06	128.8	112.9	172.2	111.2	106.9	107.6	113.9
New Jersey	Middlesex-Monmouth NJ	91.64	121.6	112.6	148.6	111.0	107.3	110.3	112.0
New Jersey	Newark-Elizabeth NJ	95.48	126.7	109.8	164.1	114.2	108.9	106.6	114.3
New Mexico	Albuquerque NM	72.34	96.0	94.2	96.9	92.0	101.6	97.3	95.0
New York	Albany NY	85.00	112.8	109.9	123.2	90.6	107.1	99.5	115.7
New York	Buffalo NY	71.89	95.4	91.6	101.8	98.3	102.0	86.3	89.6
New York	Ithaca NY	79.58	105.6	103.7	117.1	86.5	111.2	107.9	100.4
New York	New York (Brooklyn) NY	130.75	173.5	133.9	291.6	133.1	125.8	114.3	125.4
New York	New York (Manhattan) NY	171.67	227.8	128.1	459.4	130.6	131.0	116.3	148.6
New York	Rochester NY	74.83	99.3	97.7	94.0	89.3	112.2	98.2	103.3
North Carolina	Asheville NC	73.55	97.6	98.7	97.6	92.3	98.3	98.4	98.4
North Carolina	Burlington NC	68.73	91.2	97.4	76.8	95.8	97.7	98.2	96.3
North Carolina	Chapel Hill NC	78.15	103.7	95.7	114.5	90.1	98.2	102.6	104.0
North Carolina	Charlotte NC	72.72	96.5	101.6	82.3	105.5	96.5	102.9	102.9
North Carolina	Dare County NC	82.06	108.9	103.4	106.6	118.1	98.0	106.2	114.1
North Carolina	Durham NC	66.84	88.7	96.9	71.1	87.9	103.3	101.6	94.1
North Carolina	Raleigh NC	68.20	90.5	102.3	72.6	98.0	89.5	99.6	97.8
North Carolina	Thomasville-Lexington NC	67.82	90.0	99.8	83.9	90.8	82.6	110.9	90.7
North Carolina	Wilmington NC	73.17	97.1	100.1	84.6	111.4	106.2	108.5	97.5
North Carolina	Winston-Salem NC	70.91	94.1	98.0	66.3	110.3	99.9	105.4	107.8
North Dakota	Bismarck-Mandan ND	76.49	101.5	106.4	105.9	85.2	106.9	109.8	97.9
North Dakota	Fargo-Moorhead ND-MN	74.76	99.2	109.7	92.7	98.4	98.3	115.0	99.0
North Dakota	Minot ND	77.77	103.2	110.4	108.4	87.0	90.4	109.1	104.4
Ohio	Akron OH	76.34	101.3	117.0	110.3	93.7	104.6	90.4	90.0
Ohio	Ashland OH	62.09	82.4	95.3	58.8	96.7	101.0	89.3	85.6
Ohio	Cincinnati OH	68.58	91.0	89.2	78.8	102.6	99.2	97.7	94.7
Ohio	Cleveland OH	76.26	101.2	108.8	93.7	100.3	99.2	108.7	104.6
Ohio	Columbus OH	68.20	90.5	92.9	78.1	99.3	91.0	95.9	96.5
Ohio	Dayton OH	69.93	92.8	96.5	75.6	96.2	100.3	88.6	102.9

Ohio	Findlay OH	72.49	96.2	99.7	88.9	102.7	92.2	97.5	100.2
Ohio	Lima OH	71.51	94.9	105.0	76.7	109.8	98.4	107.7	98.7
Ohio	Youngstown-Warren OH	62.40	82.8	81.3	68.0	93.6	93.4	83.1	88.9
Oklahoma	Ardmore OK	63.23	83.9	91.9	75.7	84.0	82.3	90.3	87.2
Oklahoma	Edmond OK	72.49	96.2	88.8	94.5	102.8	96.2	95.1	98.6
Oklahoma	Enid OK	71.36	94.7	96.7	85.1	107.5	94.5	95.2	98.1
Oklahoma	Lawton OK	69.56	92.3	99.6	90.4	88.4	95.2	105.5	89.5
Oklahoma	Muskogee OK	68.88	91.4	105.3	77.2	96.5	82.6	97.5	98.4
Oklahoma	Norman OK	61.49	81.6	88.3	67.8	91.3	81.7	86.8	86.8
Oklahoma	Oklahoma City OK	66.47	88.2	91.2	75.6	102.7	89.3	95.2	91.8
Oklahoma	Ponca City OK	67.52	89.6	96.7	74.5	102.0	93.2	96.8	93.7
Oklahoma	Pryor Creek OK	65.34	86.7	97.4	74.2	95.2	84.1	94.1	90.2
Oklahoma	Stillwater OK	68.58	91.0	101.4	83.9	100.0	88.1	96.2	90.2
Oklahoma	Tulsa OK	64.88	86.1	94.3	64.8	98.0	92.8	94.6	93.7
Oregon	Portland OR	97.66	129.6	115.5	167.5	83.5	118.8	110.6	123.7
Pennsylvania	Erie PA	77.02	102.2	104.7	86.1	81.3	107.6	94.4	120.8
Pennsylvania	Harrisburg PA	74.53	98.9	97.2	90.1	115.7	89.1	91.3	106.1
Pennsylvania	Johnstown PA	70.91	94.1	105.7	71.0	106.9	110.5	98.7	98.8
Pennsylvania	Philadelphia PA	90.13	119.6	115.8	135.5	122.6	109.8	99.9	112.7
Pennsylvania	Pittsburgh PA	74.38	98.7	99.6	96.2	101.2	113.2	96.4	95.0
Pennsylvania	York County PA	76.26	101.2	99.0	96.8	114.7	99.6	94.1	103.2
Rhode Island	Providence RI	92.99	123.4	118.6	136.5	125.8	105.8	114.8	120.6
South Carolina	Anderson SC	68.65	91.1	105.1	72.6	95.7	94.6	98.0	97.8
South Carolina	Beaufort SC	74.76	99.2	113.4	86.9	107.6	94.0	98.7	103.3
South Carolina	Charleston-N Charleston SC	76.11	101.0	106.6	96.5	115.5	91.4	106.4	100.6
South Carolina	Columbia SC	71.67	95.1	106.6	77.7	98.0	91.1	97.3	105.5
South Carolina	Greenville SC	70.84	94.0	103.5	80.3	93.7	90.5	104.4	101.7
South Carolina	Hilton Head Island SC	82.22	109.1	111.3	109.4	108.3	93.3	113.5	112.9
South Carolina	Myrtle Beach SC	70.16	93.1	103.8	70.7	115.2	93.0	97.7	100.4
South Dakota	Pierre SD	77.32	102.6	104.2	117.4	89.5	99.6	96.6	95.4
South Dakota	Sioux Falls SD	70.46	93.5	92.2	91.8	100.3	89.4	106.6	92.9
Tennessee	Chattanooga TN	71.67	95.1	95.1	90.4	98.3	94.0	104.3	97.4
Tennessee	Cleveland TN	65.56	87.0	92.5	80.5	81.8	84.8	86.9	92.6
Tennessee	Columbia-Maury County TN	70.61	93.7	99.9	84.3	92.8	91.4	84.1	101.5
Tennessee	Cookeville TN	63.45	84.2	93.2	69.3	90.7	90.5	86.1	89.0

Tennessee	Jackson-Madison County TN	70.46	93.5	86.7	74.6	90.0	97.2	90.5	112.6
Tennessee	Knoxville TN	65.18	86.5	83.8	80.5	90.0	86.8	88.8	91.1
Tennessee	Memphis TN	63.68	84.5	89.4	68.2	94.9	88.2	88.2	91.5
Tennessee	Morristown TN	70.38	93.4	102.4	77.2	105.8	90.5	91.2	101.1
Tennessee	Nashville-Murfreesboro TN	71.82	95.3	95.7	82.4	97.6	97.9	86.6	105.7
Texas	Amarillo TX	64.81	86.0	94.8	73.8	82.1	91.7	97.6	90.7
Texas	Austin TX	72.34	96.0	84.2	90.7	101.6	97.5	103.5	102.1
Texas	Beaumont TX	73.25	97.2	85.0	93.3	102.7	94.4	89.5	105.7
Texas	Brazoria County TX	68.80	91.3	82.1	90.1	101.5	90.7	100.4	91.7
Texas	Brownsville TX	64.81	86.0	83.3	79.3	101.8	98.4	82.2	84.1
Texas	Conroe TX	68.58	91.0	84.8	88.4	93.3	88.9	98.8	94.7
Texas	Corpus Christi TX	71.82	95.3	84.6	93.5	114.8	90.4	92.8	96.9
Texas	Dallas TX	72.49	96.2	100.9	76.4	99.5	99.0	102.0	108.3
Texas	El Paso TX	68.88	91.4	105.6	83.2	85.7	101.5	93.5	90.8
Texas	Fort Worth TX	77.47	102.8	91.6	99.7	95.2	100.8	101.7	113.1
Texas	Harlingen TX	60.06	79.7	80.8	68.7	104.9	86.1	90.1	77.2
Texas	Houston TX	74.00	98.2	85.6	105.6	97.2	90.8	91.4	100.8
Texas	Longview TX	74.45	98.8	91.2	94.0	111.6	101.8	99.3	100.9
Texas	Lubbock TX	66.77	88.6	91.5	81.9	81.6	90.4	98.7	93.4
Texas	McAllen TX	59.08	78.4	79.8	72.9	85.6	87.3	80.1	76.9
Texas	Midland TX	72.80	96.6	88.8	94.4	90.5	103.8	95.0	101.2
Texas	Nacogdoches TX	73.78	97.9	98.2	86.3	113.6	96.0	93.9	104.0
Texas	Odessa TX	74.00	98.2	89.5	103.1	96.8	95.3	101.3	98.5
Texas	Plano TX	76.04	100.9	101.1	91.0	101.6	122.3	99.1	101.9
Texas	Round Rock TX	68.58	91.0	84.8	89.5	95.8	89.4	102.7	92.4
Texas	San Angelo TX	74.38	98.7	94.1	97.0	107.4	100.2	98.7	98.7
Texas	San Antonio TX	65.79	87.3	83.5	74.1	87.2	83.9	94.4	100.2
Texas	San Marcos TX	65.56	87.0	83.0	75.8	88.6	101.6	94.0	91.7
Texas	Seguin TX	67.60	89.7	89.1	83.2	89.7	87.8	93.6	95.6
Texas	Sherman-Denison TX	63.90	84.8	90.2	73.8	78.7	103.8	82.2	87.9
Texas	Temple TX	68.65	91.1	84.1	78.5	97.6	95.3	101.2	99.8
Texas	Texarkana TX-AR	71.89	95.4	92.0	81.5	95.6	93.0	87.6	110.4
Texas	Tyler TX	70.84	94.0	91.7	96.0	92.7	92.1	90.0	94.7
Texas	Waco TX	69.33	92.0	78.6	85.2	100.4	94.3	96.8	99.2
Texas	Wichita Falls TX	67.75	89.9	94.2	80.4	98.2	93.9	97.2	91.3

Utah	Cedar City UT	66.77	88.6	94.4	75.8	88.3	102.1	84.7	93.3
Utah	Salt Lake City UT	72.65	96.4	96.1	93.9	83.8	110.8	92.2	98.4
Utah	St. George UT	69.48	92.2	94.5	87.8	86.5	103.3	92.4	92.9
Vermont	Burlington-Chittenden County VT	93.37	123.9	110.5	152.9	121.3	115.0	106.7	110.7
Virginia	Blacksburg VA	72.80	96.6	91.4	91.9	106.1	98.7	107.6	97.4
Virginia	Charlottesville VA	78.22	103.8	101.0	108.3	92.2	93.9	108.6	107.3
Virginia	Danville City VA	70.01	92.9	96.7	82.8	113.3	88.8	92.2	95.2
Virginia	Hampton Roads-SE Virginia VA	74.23	98.5	91.7	91.3	100.9	98.4	106.9	105.6
Virginia	Harrisonburg VA	73.10	97.0	93.7	100.3	101.6	87.4	104.4	96.3
Virginia	Lexington-Buena Vista-Rockbridge VA	71.21	94.5	90.7	91.5	99.8	98.3	95.1	95.7
Virginia	Lynchburg VA	68.12	90.4	90.4	83.2	98.3	85.7	95.2	95.0
Virginia	Martinsville-Henry County VA	64.51	85.6	94.6	70.5	93.3	82.4	88.7	93.1
Virginia	Richmond VA	71.51	94.9	92.2	87.5	107.2	91.4	104.0	98.4
Virginia	Roanoke VA	67.82	90.0	90.2	89.3	98.6	86.2	93.8	88.7
Virginia	Staunton-Augusta County VA	70.84	94.0	91.4	92.4	101.9	89.6	93.3	95.5
Virginia	Winchester VA-WV	74.45	98.8	95.8	96.5	94.0	90.8	102.9	105.6
Washington	Bellingham WA	85.53	113.5	108.2	129.4	82.2	119.9	117.1	109.3
Washington	Everett WA	83.95	111.4	107.5	127.6	84.3	115.8	126.3	104.2
Washington	Kennewick-Richland-Pasco WA	71.59	95.0	93.4	97.2	88.9	108.3	105.2	89.9
Washington	Moses Lake WA	69.56	92.3	100.1	79.4	72.1	107.5	117.8	97.8
Washington	Olympia WA	75.51	100.2	105.6	99.1	79.0	115.3	118.2	98.0
Washington	Seattle WA	105.88	140.5	124.6	184.6	107.8	120.9	120.6	128.8
Washington	Spokane WA	72.04	95.6	93.6	92.2	81.6	107.3	115.1	97.2
Washington	Tacoma WA	79.13	105.0	99.8	90.9	109.9	110.8	117.8	114.0
Washington	Vancouver WA	80.18	106.4	104.8	102.4	94.1	115.9	109.2	110.7
Washington	Yakima WA	72.42	96.1	98.1	88.9	83.3	109.9	111.2	98.7
West Virginia	Morgantown WV	78.22	103.8	97.0	102.7	93.2	99.1	95.6	113.4
Wisconsin	Eau Claire WI	73.10	97.0	105.4	79.6	95.0	105.9	109.4	104.5
Wisconsin	Green Bay WI	70.91	94.1	90.1	80.6	110.7	103.6	107.0	97.1
Wisconsin	Janesville WI	73.85	98.0	96.9	92.2	113.7	100.4	108.9	96.1
Wisconsin	Madison WI	78.82	104.6	102.8	111.6	92.2	105.5	121.7	100.6
Wisconsin	Marshfield WI	69.63	92.4	97.3	86.3	92.0	93.6	110.0	92.9
Wisconsin	Milwaukee-Waukesha WI	75.66	100.4	101.3	99.7	108.2	97.7	117.4	96.7
Wyoming	Laramie WY	70.01	92.9	96.8	89.3	100.3	91.9	100.8	91.4