

## Important Information

**Registration and Information Assistance:** The registration desk is located at the main entrance to the Howard Rock Ballroom on the 2nd Floor. In addition to handling all of your conference needs, staff will be on hand to answer any of your questions. The desk will be open from 7am-5pm on Tuesday – Thursday.

**Name Badges:** All registered attendees, exhibitors and speakers will receive a name badge. In the interest of security and to make the conference a more enjoyable networking experience for all, we ask that you wear your name badge at all times during the conference. Badges are required for admission to all educational sessions. In the interest of recycling, please drop your name badge into the badge recycle box at the registration desk.

Some delegates will have ribbons attached to their name badges designating them as Conference Planning Committee, Alaska Safety Advisory Council Members, Speakers and/or Exhibitors.

**Evaluation Forms:** Evaluation Forms for the educational sessions will be distributed during each session and your valuable input helps us to determine future conference speakers. Please complete and return the forms to the session moderator at the conclusion of each session.

**Breaks and Refreshments:** All refreshments during the breaks will be served in the Trade Show area, this is section A1 of the Howard Rock Ballroom.

**Door Prize Tickets:** During the conference exciting door prizes will be given away during the morning and afternoon breaks.

Your door prize tickets will be in your registration packet and will be used for all drawings. You need not be present to win, please stop by the registration desk to claim your prizes.

**Message and Resume Center:** There will be a message board located at the registration desk. You may post messages for other attendees. As a service to attendees, there will be an area near the registration to post resumes and/or for companies to post job openings.

**Turn Off Cell Phones:** Please remember to keep your cell phones turned off during all speaker sessions.

**Smoking/Non Smoking:** No smoking is allowed in any area of the Sheraton Anchorage Hotel.

**Parking:** Parking is available in the surrounding lots for \$8.00 Per day. Please check with the registration desk for any updated information regarding parking.

**Limited Free Parking**  
Thanks to the generous contribution of the Carpenters Local 1281, a limited amount of free parking is available on a first come basis across the street from the Sheraton at 407 Denali Street.

**Used Eyeglasses and Hearing Aids:** The Anchorage Area Lions have provided a container, located at the registration desk, for you to recycle used eyeglasses, eyeglass frames and hearing aids.

**Welcome and Please Enjoy the Conference!**

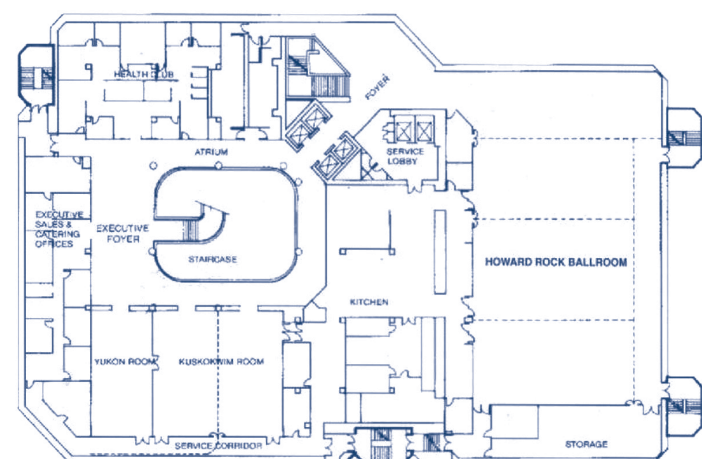
# Schedule at a Glance

Wednesday March 18, 2009	OSHA Construction Kuskokwim West	OSHA General Industry Kuskokwim East	Youth Safety Yukon	Safety Education Sutitna	Oil Industry Howard Rock B	Hospitality Howard Rock C
7:30 AM	Registration					
8:30 AM	Opening Remarks - Howard Rock B-C					
9:00 AM	OSHA 10-HOUR Construction Jeff Kolean	OSHA 10-HOUR General Industry Rob Wright	Keeping Alaskan Kids Safe Nathan Menah	Job Safety Analysis Jared E. Sherman	VPP Outreach & Mentoring Sustaining VPP Star Gregg Bishop	Be Back Wise Jean Lindberg
10:00 - 10:15 AM	Break					
10:15 AM	OSHA 10-HOUR Construction Jeff Kolean	OSHA 10-HOUR General Industry Rob Wright	Safety For Alaskan Youths Joy Swartz	Test Your Safety Smarts Daniel Monteleone	What Causes Accidental Injuries Chris Ross	How you can help protect Alaska's Food supply Ron Klein
11:00 - 11:15 AM	Break					
11:15 AM	OSHA 10-HOUR Construction Jeff Kolean	OSHA 10-HOUR General Industry Rob Wright	Educational Requirements Don Weber	First Step in Reducing Workers' Compensation Cost Al Kruse	What Causes Accidental Injuries Chris Ross	Robbery Prevention Anita Shell
12:00 - 1:00 PM	Lunch					
1:00 PM	OSHA 10-HOUR Construction Jeff Kolean	OSHA 10-HOUR General Industry Rob Wright	Engaging Youth with an Activity Based OSHA 10 Hour Course Steven Hecker	Posture Guidelines Office Setting Jean Lindberg	VPP Panel Presentation Ann McCarthy	Bear & Moose As Public Safety Risks Rick Sinnott
2:00 - 2:15 PM	Break					
2:15 PM	Violence in the Workplace Steve Hinds	Safety Revival Clay Reese 2:15 PM - 3:45 PM	Engaging Youth with an Activity Based OSHA 10 Hour Course Steven Hecker	Process Safety Management Beatrice Egbejimba	Crane Safety	Managing Holistic SHEEP Jivan Saran
3:00 - 3:15 PM	Break					
3:15 - 4:15 PM	The Importance of Utility Locates Samuel Cunard		Engaging Youth with an Activity Based OSHA 10 Hour Course Steven Hecker	Tools To Enhance Safety & Health Michael Engblom-Bradley	Confined Space Entry William Ball Krysten Ginochio	Managing Holistic SHEEP Jivan Saran
4:30 - 6:30 PM	Networking Reception - Howard Rock B-C (Sponsored by ASRC Const. Holding Co. and Alaska Cruise Association)					

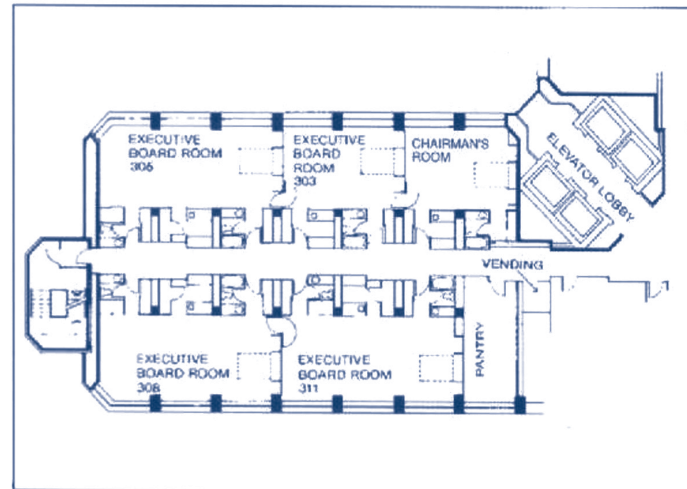
Tuesday March 17, 2009	OSHA Construction Kuskokwim West	OSHA General Industry Kuskokwim East	VPP Yukon
8:00 AM	OSHA 10-HOUR Construction Jeff Kolean	OSHA 10-HOUR General Industry Rob Wright	Voluntary Protection Program Application Workshop (VPP) VPPPA Region X
8:45 - 9:00 AM	Break		
9:00 AM	OSHA 10-HOUR Construction Jeff Kolean	OSHA 10-HOUR General Industry Rob Wright	Voluntary Protection Program Application Workshop (VPP) VPPPA Region X
10:00 - 10:15 AM	Break		
10:15 AM	OSHA 10-HOUR Construction Jeff Kolean	OSHA 10-HOUR General Industry Rob Wright	Voluntary Protection Program Application Workshop (VPP) VPPPA Region X
11:15 - 11:00	Break		
11:00 AM	OSHA 10-HOUR Construction Jeff Kolean	OSHA 10-HOUR General Industry Rob Wright	Voluntary Protection Program Application Workshop (VPP) VPPPA Region X
12:00 - 1:00 PM	Lunch		
1:00 PM	OSHA 10-HOUR Construction Jeff Kolean	OSHA 10-HOUR General Industry Rob Wright	Voluntary Protection Program Application Workshop (VPP) VPPPA Region X
1:45 - 2:00 PM	Break		
2:00 PM	OSHA 10-HOUR Construction Jeff Kolean	OSHA 10-HOUR General Industry Rob Wright	Voluntary Protection Program Application Workshop (VPP) VPPPA Region X
3:00 - 3:15 PM	Break		
3:15 PM	OSHA 10-HOUR Construction Jeff Kolean	OSHA 10-HOUR General Industry Rob Wright	Voluntary Protection Program Application Workshop (VPP) VPPPA Region X
4:00 - 4:15 PM	Break		
4:15 PM	OSHA 10-HOUR Construction Jeff Kolean	OSHA 10-HOUR General Industry Rob Wright	Voluntary Protection Program Application Workshop (VPP) VPPPA Region X

Thursday March 19, 2009	ARC Flash Safety Kuskokwim West	Employer Resources Kuskokwim East	Transportation Yukon	Safety Education Sutitna	Oil Industry Howard Rock B	Hospitality Howard Rock C
8:00 AM	Arc Flash Safety Talk John Waggoner	All About OSHA Overview Scott Ketcham	Accident Investigation Marie Scholle	Safety Service Plans Damon Schneider	Working Extreme Cold Weather Jeff Carlson	Workers Compensation Daisy Saffir
9:00 - 9:15 AM	Break					
9:15 AM	Arc Flash Safety Talk John Waggoner	OSHA Maritime Standards: Longshoring and Marine Terminals Matt Pauli	Case safety In Building A Safety Culture Anil Mathur	What's on Your Shoulders Jean Lindberg	VPP Foundation For Safety Excellence Bonnie Anderson	Good Housekeeping Patricia Schappert
10:00 - 10:15 AM	Break					
10:15 AM	Arc Flash Safety Talk John Waggoner	OSHA Maritime Standards: Shipyard Employment Mike Bonkowski	Injuries & Deaths In Alaska Tim Bundy	Role of Function in Injury Prevention and Loss Larry Feeler	VPP Foundation For Safety Excellence Bonnie Anderson	Deep Cleaning Process Patricia Schappert
11:00 - 11:15 AM	Break					
11:15 AM	Arc Flash Safety Talk John Waggoner	Maritime Standards: Questions and Answers Scott Ketcham, Matt Pauli, Mike Bonkowski	Roadway Safety Doug Buman	Role of Function in Injury Prevention and Loss Larry Feeler	Awards Set-up	
12:00 - 1:30 PM	Awards Luncheon (Sponsored by Laborer's Local 942)					
1:30 PM	Arc Flash Safety Talk John Waggoner	OSHA.gov Web Based Resources Bill Nickerson	Boating Safety Jeff Johnson	Be Snow and Summer Smart Debra McGhan	Awards Take-down	
2:15 - 2:30 PM	Break					
2:30 PM	Arc Flash Safety Talk John Waggoner	Benefits From Employee Wellness Initiatives Brenda Shelden	Injury Surveillance Statistical Update Deborah Hull - Jilly	Economics of Safety and How it affects the Bottom Line Dawn Ring	AK Clean Seas Journey To VPP Ronald Morris	Building Bridges Breaking Barriers Jivan Saran
3:15 - 3:30 PM	Break					
3:30 - 4:30 PM	Arc Flash Safety Talk John Waggoner	Compliance 101: Small Business Ed Dan Krusze	Recovery From Disaster TC Wilson	AKOSH Regulatory Compliance Jeff Kolean	Improved Process Industrial Outcomes Holly Norwood	Building Bridges Breaking Barriers Jivan Saran

## 28th Annual Conference



Second Floor



Third Floor

### Second & Third Floor Plans

Sheraton Anchorage Hotel • 401 E. 6th Avenue • Anchorage, AK 99501

Phone: 907 276-8700 • Fax: 907 276-7561



The Office of Governor  
**SARAH PALIN**



28<sup>th</sup> Annual Alaska Governor's Safety and Health Conference  
Anchorage  
March 17-19, 2009

Greetings!

It is a pleasure to welcome you to the 28<sup>th</sup> Annual Alaska Governor's Safety and Health Conference. I am honored to join all of you in working toward a safer, healthier Alaska.

The numerous opportunities at this year's conference, from skills training to forging connections, are all part of the ongoing partnerships among organizations across our great state. I am proud to share in your dedication to safety and health issues that touch individuals and organizations across Alaska. Thank you for the time and effort each of you dedicates to actively finding and creating solutions, and helping avoid workplace and other serious accidents that are so devastating to Alaska's families and businesses.

I hope you take advantage of every resource available at this conference to help ensure that you and your organization are prepared to recognize and overcome the challenges ahead. We live and work in some of the most hazardous environments in the nation, and I am enthusiastic about ensuring access to every available protection. Taking the time to examine the problems and develop effective and innovative methods to improve results will benefit all Alaskans. Thank you for your participation.

Sincerely,

Sarah Palin  
Governor

## Conference Sponsors

### Diamond Sponsors \$2,500+ Donations



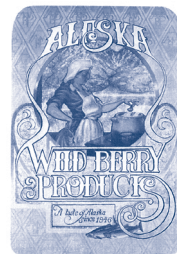
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"Healthy Alaskans Today and Beyond"



28<sup>th</sup>  
Annual

# Celebrating

# 28

Years of  
Occupational  
Safety & Health