



AKOSH Consultants received specialized training from various safety and educational facilities to include: Pacific Northwest OSHA Education Center, the OSHA Training Institute, and various training programs throughout the state.

What can C&T Consultants do for you?

Consultants can:

- travel to your worksite to help identify hazards
- make suggestions to fix recognized hazards
- provide necessary tools to help develop a written safety and health program
- provide free on-site monitoring of noise, vapors, fumes, and particulates
- conduct free or low cost training specific to your company's needs



Alaska Occupational Safety and Health Consultation and Training (AKOSH C&T)

AKOSH C&T provides **FREE** and confidential assistance to help employers recognize, evaluate, and prevent workplace hazards. Consultation's trained and highly qualified professionals help employers detect potential hazards and establish/maintain safe and healthful workplaces.



Why Utilize Consultation and Training?

All consultation visits and most trainings are **FREE**; smaller employers receive priority services. Consultants DO NOT issue citation or penalties. Employers can request on-site visits and training to fit specific needs of their company by completing a *Request Form* to specify which services are needed. Request forms are located at:

http://labor.alaska.gov/lss/forms/consultation_training_form.pdf



Benefits of C&T Services

Employers who choose to work with Consultation and Training receive confidential services from the AKOSH Enforcement section. Consultants are prohibited from disclosing any information to Enforcement officers while working with an employer.

Employers who have an exemplary safety and health management system may be eligible for a one-year exemption from a general scheduled enforcement inspection.

Employers who have a leading industry safety and health program, AKOSH offers an opportunity to participate in recognition programs.

Types of AKOSH Training

Site Specific Training

Employers may request site specific training on various topics such as fall protection; accident prevention; personal protective equipment; bloodborne pathogen; scaffolding, monitoring, and other OSHA regulated training.

10-Hour General Industry or Construction

AKOSH provides OSHA-10 and OSHA-30 hour training in Construction and General Industry for employers throughout Alaska. This 2-day course is offered to employers who require certification for their staff in the Construction or General Industry. A minimum of ten employees are required to attend.

Workplace Violence Training (WPV)

This training covers basic WPV prevention techniques and addresses concerns regarding the safety and protection of employees in case of a WPV event. Additional WPV topics include:

- Customer Service De-escalation techniques
- Bully Prevention Awareness
- Preventing Hostile Work Environments

Seafood Training

AKOSH offers employers a free, 2-day seafood training session for supervisors and management personnel in the seafood industry.

Understanding OSHA Rights Training

This 1 hour presentation discusses employees' rights and employers' responsibilities as defined by the 1970 OSHA Act.

To request training, complete a *Request Form* located at:

http://labor.alaska.gov/lss/forms/consultation_training_form.pdf

Safety and Health Achievement Recognition Program (SHARP)

The SHARP program recognizes small employers who operate an exemplary safety and health management system. Acceptance into SHARP by AKOSH is an achievement that will single out an employer over business peers and become a model for worksite safety and health.

SHARP Members:

- Reduce accidents and related costs
- Increase productivity with less down-time
- Have improved employee morale
- SHARP sites are granted a 1-year exemption from AKOSH inspections for the first year of SHARP participation

Upon receiving SHARP recognition, your worksite will be exempt from programmed enforcement inspections during the period that your SHARP certification is valid.

SHARP Participation

1. Request a cost-free consultation visit from AKOSH that involves a comprehensive safety and health assessment.
2. C&T consultants will review your operation and provide guidance, to help you meet the required standards.
3. Correct all identified hazards within the required time period.
4. Implement and maintain a safety and health management system that meets or exceeds OSHA's 1989 Safety and Health Program Management Guidelines.
5. Agree to notify the AKOSH C&T Section prior to making any changes in the working conditions or introducing new hazards into the workplace.

Outstanding Performance and Recognition Programs

Voluntary Protection Program (VPP)

Voluntary Protection Programs (VPP) promote effective worksite-based safety and health performance. In VPP, management, labor, and AKOSH establish cooperative relationships to implement a comprehensive safety and health management system. Approval in VPP provides official recognition of the outstanding efforts of employers and employees who have achieved exemplary occupational safety and health.

Benefits of VPP

- On average VPP participants experience 52% fewer workplace accidents than their competitors.
- Fewer accidents lead to lower costs.
- Less downtime due to accidents leads to increased productivity.
- VPP MERIT sites are exempt from AKOSH general schedule surprise enforcement inspections for 3 years. VPP STAR sites are exempt for 5 years while maintaining VPP status.
- VPP companies tend to attract and retain top employees

Getting Started

1. The first step toward VPP is to establish a strong safety & health program.
2. Contact the VPP Coordinator.
3. Submit a written VPP application to the AKOSH VPP Coordinator.
4. A VPP application Packet can be printed from the following web site:

<http://www.osha.gov/dcsp/vpp/index.html>

AKOSH Partnerships

The Partnership program provides an opportunity for a large, diversified employer or a group of employers to work cooperatively with AKOSH to improve workplace safety and health performance. Acceptance into a partnership by AKOSH is an achievement that will require significant ongoing efforts. The goals of partnership are varied and may include

- Reduce accidents and related costs.
- Increase productivity with less down-time & improved employee morale.
- Improved industry focus on causes of workplace accidents.
- Reduce worker's compensation costs and reportable injuries.
- Establish teamwork and ongoing commitment between AKOSH, the employer and employees to achieve safety and health goals.

To participate, employers must:

- Request a cost-free consultation visit from AKOSH that involves a complete hazard identification survey.
 - A C&T specialist will review your operation and provide guidance
- Commit resources to perform ongoing worksite evaluations.
- Correct all identified hazards within an established time period.
- Implement and maintain a safety and health management system that meets or exceeds AKOSH Safety and Health Program Management Guidelines.
- Reduce the incidence of workplace accidents to levels targeted in the partnership agreement.
- Promote workplace safety and health and the goals and achievements of the partnership.

Construction Health and Safety Excellence Program (CHASE)

In Alaska, construction presents unique safety and health challenges compared to almost any other industry. Construction companies in Alaska experience an extremely high rate of injuries. Hazards are innumerable and the consequences are often catastrophic.

CHASE was created to provide a partnership between licensed Alaskan contractors and AKOSH to take a proactive approach in reducing these injuries, illnesses and fatalities within the construction industry in our great state. The CHASE Program is unique to Alaska.

How does CHASE work?

Through an established and structured approach, AKOSH professionals work with contractors within the parameters of the program's simplistic guidelines to attain the blue level of participation. CHASE participants enter into the program at the AK-BLUE level for a period of five years.

Benefits of CHASE

This exciting partnership program tailored exclusively for the construction industry in Alaska produces immediate positive effects within the safety and health program.

Continued involvement between AKOSH and the employer ensure established improvement measures are being reached.

Proactive measures are established to ensure self-monitoring protocols are implemented and maintained to reduce and eliminate injuries and illnesses within the company workforce.

Consultation and Training Services

A free safety service provided by the State of Alaska.

Consultants visit the employer's worksite upon the request of the employer.

Consultants DO NOT issue citation or penalties.

Free on-site monitoring of noise, vapors, fumes, and particulates.

Free or low cost training specific to your company's needs.



For more Consultation and Training information call:

Toll free: (800) 656-4972

Local: (907) 269-4955

Business hours 8 a.m. to 4:30 p.m. Monday through Friday.

Visit our website at:

<http://labor.alaska.gov/lss/oshhome.htm>

Good, Safe Jobs are Alaska's Future

We are an equal opportunity employer program. Auxiliary aids and services are available upon request to individuals with disabilities.



Alaska

Occupational Safety and Health



Alaska Department of Labor &
Workforce Development

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