

Heidi Drygas  
Commissioner

[www.labor.alaska.gov](http://www.labor.alaska.gov)



P.O. Box 111149  
Juneau, AK 99811-1149  
907.465.2700  
[commissioner.labor@alaska.gov](mailto:commissioner.labor@alaska.gov)

## Press Release

COMMISSIONER'S OFFICE

March 31, 2017

No. 17-19

For more information: Krystyna Markiewicz, Consultation and Training  
907-269-4955, [Krystyna.Markiewicz@alaska.gov](mailto:Krystyna.Markiewicz@alaska.gov)

### Alaska Occupational Safety and Health 10-hour Construction Course

ANCHORAGE, Alaska— The Alaska Department of Labor and Workforce Development's Consultation and Training section will sponsor an OSHA 10-hour construction course April 20 and 21, 2017 from 8:30 a.m. to 4:30 p.m. This course is most suitable for entry-level workers and upon successful completion, an OSHA 10-hour card will be mailed to students. Instructors for this course are certified outreach trainers and/or Occupational Safety and Health consultants.

Course topics will include:

- OSHA Introduction
- Focus Four (Fall Protection, Electrocution, Struck-by, Caught In-between)
- Hazard Communication, Global Harmonization, and Health Hazards
- Personal Protective Equipment (PPE)
- Stairways and Ladders
- Material Handling
- Trenching and Excavation
- Emergency Action Plans and Exit Routes

**Location:** University of Alaska UAA, 3901 Old Seward Hwy, Anchorage, AK 99503  
University Mall Room 120C

**Dates:** April 20 and 21, 2017

**Times:** 8:30 a.m. to 4:30 p.m. (Must attend both days to receive OSHA 10-hour card)

**Cost:** \$8.00 cash only. Receipt of payment will be provided.

**Conditions:** Registration required and space is limited. Please call 269-4951 to register. Email additional questions to [elaine.banda@alaska.gov](mailto:elaine.banda@alaska.gov).

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