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Press Release

COMMISSIONER'S OFFICE

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## Alaska Occupational Safety and Health 10-hour Construction Course

ANCHORAGE, Alaska— The Alaska Department of Labor and Workforce Development's Consultation and Training section will sponsor an OSHA 10-hour construction course April 20 and 21, 2017 from 8:30 a.m. to 4:30 p.m. This course is most suitable for entry-level workers and upon successful completion, an OSHA 10-hour card will be mailed to students. Instructors for this course are certified outreach trainers and/or Occupational Safety and Health consultants.

## Course topics will include:

- OSHA Introduction
- Focus Four (Fall Protection, Electrocution, Struck-by, Caught In-between)
- Hazard Communication, Global Harmonization, and Health Hazards
- Personal Protective Equipment (PPE)
- Stairways and Ladders
- Material Handling
- Trenching and Excavation
- Emergency Action Plans and Exit Routes

**Location:** University of Alaska UAA, 3901 Old Seward Hwy, Anchorage, AK 99503

University Mall Room 120C

**Dates:** April 20 and 21, 2017

**Times:** 8:30 a.m. to 4:30 p.m. (Must attend both days to receive OSHA 10-hour card)

**Cost:** \$8.00 cash only. Receipt of payment will be provided.

**Conditions:** Registration required and space is limited. Please call 269-4951 to register. Email

additional questions to elaine.banda@alaska.gov.